

## XI International Forum of Cardiology and Internal Medicine highlights

The annual International Forum took place on 22-24 March, 2022. The forum has been working since 2011, and in last two years, due to the epidemiological situation, the event was held online. The new format provided additional opportunities, thus, many health care professionals from the various federal subjects of Russian Federation and CIS countries could participate.

At the solemn opening of the International Forum, the president of the Cardioprogress Foundation, doctor of medical sciences, professor Mamedov M.N. spoke about the history and the creation of the Forum as well as about its development course over the last 11 years. The main goals and objectives of this important scientific and educational event were identified.

According to the analysis of the Scientific Committee, 110 professionals applied for oral presentations and lectures from various cities of Russian Federation and CIS countries in 2022. The final scientific program included 86 reports. The program was independent and mainly focused on academic works – gave preference to the works of domestic and foreign clinicians and scientific researchers. This event contributes to the development of clinical science in the Russian federal subjects and CIS countries.

The scientific program consisted of 18 symposia, including: a plenary session, a round table, 4 clinical lectures, 6 symposia of regional medical schools, 3 joint symposia with the CIS countries, and 3 thematic symposia. This year, experts from Belarus, Kazakhstan, Uzbekistan, Kyrgyzstan and the USA made presentations. The program focused on actual cardiological and internal diseases issues, such as: atherosclerosis, coronary syndrome, coronary artery disease, the implementation of high technology, cardio-oncology, chronic obstructive pulmonary dis-

ease, connective tissue dysplasia, gastrointestinal tract diseases, nephrology, cognitive impairment and family medicine. A separate symposium and lectures were devoted to coronavirus infection. By the decision of the Scientific Committee of the International Forum, recordings of all reports will be posted on Cardioprogress Foundation website and will be available for 365 days.

Traditionally, the collection of scientific papers presented at the Forum was published. This year it included 74 articles and abstracts dedicated to cardiovascular and other internal diseases. The papers were reviewed independently by three experts and were highly appreciated. The collection received an international book qualification number for citation. The book is in the public domain of the Cardioprogress Foundation official website and soon will be placed in the e-library electronic database.

Registration and participation in the Forum were free. About 700 physicians and researchers joined the Forum. All registered users will receive a certificate of participation.

The Organizing Committee of the International Forum hope that this event will help the participants to systematize and acquire new knowledge in the treatment and prevention of cardiovascular and other internal diseases, as well as will improve the efficacy of their daily practice.

Information support was provided by leading cardiological journals, specialized Internet resources and all-Russian social networks.

The next XII International Forum of Cardiology and Internal Medicine will be held in March 2023 in Moscow. Detailed information on the Forum and other scientific events is available on the official website of the Cardioprogress Foundation: [www.cardioprogress.ru](http://www.cardioprogress.ru).