

Results of V International Forum of Cardiology and Internal Medicine

V International Forum of Cardiology and Internal Medicine was successfully held in Moscow, Russian, in the New building of Russian Academy of Sciences Presidium on March 29-31, 2016. The work of Forum has been supported by the Ministry of Healthcare of the Russian Federation, the World Heart Federation, Moscow City Department of Healthcare, Federal State Institution National Research Center for Preventive Medicine of the Ministry of Healthcare of the Russian Federation, Russian society of Cardiology and Foundation for the Advancement of Cardiology "Cardioprogress".

Rafael G Oganov was the chairman of the Forum, Mehman N Mamedov was the chairman of organizing committee and Jurii A Vas'uk was the chairman of scientific committee.

Specialized journals and newspapers were responsible for informational support of V International Forum of Cardiology and Internal Medicine.

- Cardiovascular therapy and prevention
- Cardiology
- Russian Cardiologic Journal
- International Heart and Vascular Disease Journal
- Rational Pharmacotherapy in Cardiology
- Polyclinic
- Preventive Medicine
- Pharmateca
- Newspaper "Medical herald"

Forum involved more than 1500 participants from 58 subjects of Russian Federation and from near

abroad countries (Azerbaijan, Belarus, Kazakhstan, Kirgizia, Latvia, Moldova, Uzbekistan). Informational letter of the Ministry of Healthcare of the Russian Federation and instruction for Moscow region were issued for official specialists' participation in the work of the Forum. All Forum participants and delegates registered themselves and received informational materials for free. According with the system of continuous medical education credits Forum participants received certificates with 15 credits (points).

Leading specialists from various fields of internal medicine: cardiology, neurology, gastroenterology, pulmonology, endocrinology, nephrology, rheumatology and also general practitioners participated in the Forum.

Scientific program of the Forum included two plenary meetings with participation of leading experts from Russia and abroad, 54 scientific workshops, clinical lectures, round-table discussions, educational seminars for doctors, clinical case presentations and 4 poster sessions involving 80 poster papers. Forum recruited participants from 58 cities and regions of the Russian Federation and other countries. Presentations were dedicated to all areas of cardiology including healthcare organization in cardiology, mass health examination, emergency cardiology, cardiac surgery, interventional arrhythmology, pediatric and adolescent cardiology, risk factors, metabolic disorders and closely related topics: endocrinology, gastroenterology, nephrology, neurology, family medicine, rehabilitology. It is worth to mention that

the Forum didn't raise any conflict of interests and it respected ethic aspects of drugs and medical devices information presentation. 95% of posters and workshops were declared to be independent.

The Forum conducted a workshop of young scientists that involved 7 speakers younger than 35 years from various parts of Russia and CIS countries.

10 scientific sessions including plenary meetings have been recorded for future use in distant learning of doctors who were unable to participate in the Forum. These materials will be published soon on the website of the "Cardioprogress" foundation.

Conference book included 450 abstracts from 58 cities of the Russian Federation and CIS countries. These works were dedicated to studying different aspects of somatic disorders: arterial hypertension, dyslipidemia, obesity, metabolic syndrome, diabetes mellitus, arrhythmias, ischaemic heart disease, chronic heart failure, kidney and gastrointestinal tract disorders and chronic obstructive pulmonary disease. Special issue of "Cardiovascular therapy and prevention" (15 March, 2016) will be dedicated to the materials of this meeting, and this information also will be published on the official website of the "Cardioprogress" foundation (www.cardioprogress.ru).

Organizing committee of V International Forum of Cardiology and Internal Medicine rewarded 9 scientists and doctors with 6 nominations:

- For contribution to the development of distant learning
- For contribution to the development of Russian science
- For contribution to primary cardiologic service
- For contribution to international collaboration with the "Cardioprogress" foundation
- For assistance in the realization of the "Cardioprogress" foundation regional projects
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14 pharmaceutical companies, manufacturers of medical devices and medical publishers took part in Forum exhibition.

"Cardioprogress" foundation released special official newsletter dedicated to the Forum and organized its delivery to 3000 mail and 6000 email addresses in Russia and CIS countries

Leading federal mass communication media and TV channels including Vesti.ru, TASS, Evening Moscow, Moscow24, Medportal.ru, Medical newspaper and Medical news covered works and results of the Forum.

The next VI International Forum of Cardiology and Internal Medicine will be held in March 2017.

We would be glad to receive your opinion and suggestions on our e-mail address inf.cardio@gmail.com. It would allow us to improve the quality of the Forum organization.